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A recommendation of the course "Memory Improvement Techniques"
by the Cortex Company

By chinanit Yoeli ,assisted living Manager, Proteah Hills Village.

To whom it may concern,

As the assisted living manager of Proteah Hills Village, I worked for two years with the Cortex Company.

During our collaborated work in the retirement village, the company has provided a continual memory improvement course once a week for a group of 15 senior citizens. The group went on continuously for the past two years; the course has brought a new audience and kept the old crowd along the two years.

The participants had diverse socioeconomic backgrounds, many among them were native English speakers and the course was held both in Hebrew and English. Some of the residents who participated in the course had diagnosed memory difficulties, and others had physical disabilities. The course has created a cooperative atmosphere, bridged the gaps in the group and addressed the different levels of competence of the participants.

Throughout the period, Cortex Company has provided professional, reliable, responsible and experienced instructors with high interpersonal abilities. Our collaborated work was smooth and comfortable and with regard to the needs of the group. The participants have expressed great sympathy toward the course and the instructors, and reported the course as meaningful and timely.

I highly recommend to anyone interested in a high-level, long-term course that gives a real answer for the elderly population to combine this course as a part of the annual plan.

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